

WIGGLES, GIGGLES, & BUBBLES

Good Books

Moo, Baa, La La La!	Boynton	BB BOY
Tickly Under There	Glori	BB GLI
Giggles with Daddy!	Hathon	BB HAT
Baby Faces	Miller	BB MIL
I Kissed the Baby!	Murphy	E MUR
All Fall Down	Oxenbury	BB OXE

Songs & Rhymes

BUMPIN' UP AND DOWN

Bumpin' up and down in my little red wagon
Bumpin' up and down in my little red wagon,
Bumpin' up and down in my little red wagon,
Won't you be my darling? (*hug and kiss baby*)

ROUND AND ROUND THE GARDEN

Round and round the garden
(*tickle in a circular motion on baby's tummy*)
Went the teddy bear. (keep tickling)
One step, two steps
(*take "steps" with your fingers*)
Tickle you under there!
(*tickle baby under the arm*)

HERE WE GO UP-UP-UP

Here We Go Up-up-up. (*standing-lift child up*)
And here we go down-down-down.
(*lower child*)
Here we go back & forth, back & forth.
(*tilt baby back & forth*)
And here we go around and around!
(*turn around with baby*)

THIS IS THE WAY THE LADY RIDES

This is the way the lady rides
Trippity-trip, trippity-trip, trippity-trip
(*bounce baby gently*)
This is the way the gentleman rides
Thumpety-thump, thumpety-thump,
thumpety-thump.
(*bounce baby higher*)
This is the way the farmer rides
Hobbledy-gee, hobbledy-gee,
hobbledy-gee!
(*bounce baby side to side*)

PAT-A-CAKE

Pat-a-cake, pat-a-cake, baker's man;
Bake me a cake as fast as you can.
Roll it and pat it and mark it with a B.
Put it in the oven for Baby and me.

GIDDY-UP HORSEY

(*Bounce baby on knees and on the
last line let baby slip through knees*)

Giddy-up, giddy-up, giddy-up horsey,
Giddy-up, giddy-up, go, go, go.
Giddy-up, giddy-up, giddy-up horsey,
Giddy-up, giddy-up, WHOA!

Fun Activities to Do With Your Baby at Home

3-6+ months

Use a variety of bubble-blowing toys to blow different-sized bubbles for your baby. Tracking the bubbles in mid-air helps your baby practice visual skills such as eye-tracking, distance, and depth perception. Bubbles are a great distraction during diaper-changing time and fun and mess-free in the bathtub. For older babies, try to hold the bubble on the end of a wand for a moment. Your baby may want to try to touch the bubble, and make it “POP!” (Be sure to wash baby’s hands afterward).

Skills developed – cause and effect, eye-hand coordination, visual development

9+ months

Take a blanket or bed sheet and have an adult or older child assist you in holding the edges. Put some light-weight balls or a beach ball in the middle and shake the blanket. Try to shake the blanket lightly at first, then more vigorously. Add a rhyme like “Popcorn, Popcorn” for even more fun! *Skills developed – cause and effect, rhythm exploration.*

Popcorn, popcorn, sizzling in the pan.

Shake it up, shake it up, bam bam bam.

Popcorn, popcorn, now it's getting hot.

Shake it up, shake it up, pop pop pop.

*Masi, Wendy S., PhD. & Leiderman, Roni Cohen, PhD. *Baby Play: 100 Fun-Filled Activities to Maximize Your Baby’s Potential.* San Francisco, CA: Weldon Owen Publishing. 2001.

More Great Books to Check Out!

Baby Play: 100 Fun-Filled Activities to Maximize Your Baby’s Potential

NF 649.5 BAB

Produced in collaboration with Gymoree Corp., this book outlines baby-friendly, skill-building activities that are easy and fun to do. Activities included are for ages 0 – 12 months and are grouped by age-appropriateness.

Editors: Dr. Wendy S. Masi and Dr. Roni Cohen Leiderman

Baby and Toddler Learning Fun

NF 649.5 GOL

This hands-on, easy to use guide provides innovative ideas and simple instructions for setting up and making the toys for more than fifty educational and entertaining play situations. The activities included will teach your child about color, shapes, letters, numbers and more.

Author: Sally Goldberg, Ph.D.

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